NAJAARSSYMPOSIUM

Belgian Academy of Paediatric Dentistry

10 - 12 - 2026

Provinciehuis Leuven

8:45 – 9:15 Onthaal
9:15 – 9:30 Introductie

9:30 – 11:00 **"The Oral Microbiome."**

Lezing 1

Abstract volgt.



Dr. Marije Kaan

11:00 – 11:30 Pauze

11:30 – 12:15 **"Restrictieve tongriem: meer dan anatomie – Functionele impact, diagnostiek en behandeling."**

Lezing 2

Restrictieve tongriem is een onderwerp waar anatomie, functie en klinische klachten niet altijd eenvoudig van elkaar te onderscheiden zijn. In deze presentatie wordt ingegaan op de functionele beoordeling en diagnostiek van restrictieve tongriem, met bijzondere aandacht voor voedingsproblemen bij jonge kinderen. We bespreken de differentiaaldiagnostiek en de multidisciplinaire samenwerking.



Louise Geys

12:15 – 13:00

Lezing 3

“Breastfeeding and oral health: balancing protection and risk.”

A balanced diet and healthy eating habits established during the first phase of life form the basis for optimal health, lifelong. This also applies to oral health. Dietary habits play a critical role, not only in oral tissue development but also in the development of dental diseases.
While breast milk contains lactose (a fermentable sugar), breastfeeding alone is generally not associated with dental decay. However, the risk changes significantly once the infant’s first teeth erupt and complementary foods are introduced. Prolonged, ad-libitum night time feeding after teeth have erupted increases the risk of developing early childhood caries. Parents must be informed about the benefits of breastfeeding, but not without explaining which points of attention must be respected. In this lecture currently available evidence is reviewed and practical guidelines formulated.



Em. Prof. Dr. Dominique Declerck

13.00 – 14:00 Lunch
14:00 – 14:15 General Assembly

14:15 – 15:00

Lezing 4

“Oral Frenula and Frenectomies: What the Pediatric Dentist Needs to Know.”

Anomalies involving oral frenula are common findings in pediatric dentistry; however, the diagnosis of pathological oral frenula and the appropriate treatment remain controversial. This lecture will provide a practical overview of oral frenulum assessment. Current concepts regarding functional diagnosis, multidisciplinary evaluation, and evidence-based treatment planning will be discussed, assisting pediatric dentists in their surgical and non-surgical approaches while working within a multidisciplinary team. Finally, laser-assisted frenectomy techniques will be presented, along with their indications, advantages, limitations, and clinical applications in pediatric patients.



Dr. Karina Gottardello Zecchin

15:00 – 15:45

Lezing 5

“Frenectomy: a trend or a true therapeutic indication?”

Frenectomy, particularly lingual frenectomy, has gained increasing attention in recent years, especially in the management of breastfeeding difficulties, orofacial functional disorders, and certain orthodontic concerns. This rise in procedures has raised questions about a potential trend toward overdiagnosis and overtreatment of restrictive frenula. While frenectomy may provide meaningful benefits in appropriately selected patients, the scientific evidence remains heterogeneous for several indications. Careful functional assessment and a multidisciplinary approach are therefore essential to distinguish a genuine therapeutic indication from a potentially unnecessary intervention.



Dr. Andrea Arnal Etienne

Inschrijven online www.bapd.be

Accreditering aangevraagd

Deadline 3 – 12 - 2026

Tarief

1.	Lid voor 01 – 03 – 2026	Gratis
2.	Lid na 01 – 03 – 2026	€125
3.	Niet-lid	€250
4.	Student lid voor 01 – 03 – 2026	Gratis
5.	Student lid na 01 – 03 – 2026	€50
6.	Student niet-lid	€100

10 - 12 - 2026

Provinciehuis Leuven
Provincieplein 1
3010 Leuven

BAPT ABDP BAKZ BAPD

Colgate®

COLLOQUE D'AUTOMNE

Belgian Academy of Paediatric Dentistry

10 - 12 - 2026

Provinciehuis Leuven

8:45 – 9:15 Inscription
9:15 – 9:30 Introduction

9:30 – 11:00 **"The Oral Microbiome."**

Lecture 1

Le résumé suit.



Dr. Marije Kaan

11:00 – 11:30 Pause

11:30 – 12:15 **"Restrictieve tongriem: meer dan anatomie - Functionele impact, diagnostiek en behandeling."**

Lecture 2

Restrictieve tongriem is een onderwerp waar anatomie, functie en klinische klachten niet altijd eenvoudig van elkaar te onderscheiden zijn. In deze presentatie wordt ingegaan op de functionele beoordeling en diagnostiek van restrictieve tongriem, met bijzondere aandacht voor voedingsproblemen bij jonge kinderen. We bespreken de differentiaaldiagnostiek en de multidisciplinaire samenwerking.



Louise Geys

12:15 – 13:00

Lecture 3

“Breastfeeding and oral health: balancing protection and risk.”

A balanced diet and healthy eating habits established during the first phase of life form the basis for optimal health, lifelong. This also applies to oral health. Dietary habits play a critical role, not only in oral tissue development but also in the development of dental diseases.
While breast milk contains lactose (a fermentable sugar), breastfeeding alone is generally not associated with dental decay. However, the risk changes significantly once the infant’s first teeth erupt and complementary foods are introduced. Prolonged, ad-libitum night time feeding after teeth have erupted increases the risk of developing early childhood caries. Parents must be informed about the benefits of breastfeeding, but not without explaining which points of attention must be respected. In this lecture currently available evidence is reviewed and practical guidelines formulated.



Em. Prof. Dr. Dominique Declerck

13.00 – 14:00 Lunch
14:00 – 14:15 General Assembly

14:15 – 15:00

Lecture 4

“Oral Frenula and Frenectomies: What the Pediatric Dentist Needs to Know.”

Anomalies involving oral frenula are common findings in pediatric dentistry; however, the diagnosis of pathological oral frenula and the appropriate treatment remain controversial. This lecture will provide a practical overview of oral frenulum assessment. Current concepts regarding functional diagnosis, multidisciplinary evaluation, and evidence-based treatment planning will be discussed, assisting pediatric dentists in their surgical and non-surgical approaches while working within a multidisciplinary team. Finally, laser-assisted frenectomy techniques will be presented, along with their indications, advantages, limitations, and clinical applications in pediatric patients.



Dr. Karina Gottardello Zecchin

15:00 – 15:45

Lecture 5

“Frenectomy: a trend or a true therapeutic indication?”

Frenectomy, particularly lingual frenectomy, has gained increasing attention in recent years, especially in the management of breastfeeding difficulties, orofacial functional disorders, and certain orthodontic concerns. This rise in procedures has raised questions about a potential trend toward overdiagnosis and overtreatment of restrictive frenula. While frenectomy may provide meaningful benefits in appropriately selected patients, the scientific evidence remains heterogeneous for several indications. Careful functional assessment and a multidisciplinary approach are therefore essential to distinguish a genuine therapeutic indication from a potentially unnecessary intervention.



Dr. Andrea Arnal Etienne

Registration online www.bapd.be

Accréditation demandée

Deadline 3 – 12 - 2026

Taux

7.	Membre avant 01 – 03 – 2026	Gratuit
8.	Membre après 01 – 03 – 2026	€125
9.	Non-membre	€250
10.	Membre étudiant avant 01 – 03 – 2026	Gratuit
11.	Membre étudiant après 01 – 03 – 2026	€50
12.	Non-membre étudiant	€100

10 – 12 – 2026

Provinciehuis Leuven
Provincieplein 1
3010 Louvain

BAPT ABDP BAKZ BAPD

Colgate®